

2022 Newsletter for February and March



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Greetings from your AWCCS Board.

This Newsletter is presented to you through email, pdf and online.

We continue doing most of our club events online, but have included some in-person experiences using guidelines and restrictions for Covid19 which change frequently. The venues where we meet have their own restrictions they must follow. The AWCCS board members are discussing this issue to clarify the language we need to use when we suggest meeting in person.. For now, please take responsibility for attending any in-person events only when they meet your own personal circumstances and knowledge of current restrictions and checking with the organiser for details before you attend. If you find you are uncomfortable when you reach the event, please feel comfortable leaving the event.

Below are a series of links that will help you in making the decision regarding your attendance. Provided by Caroline Graves:

The Scottish Government site showing the current rules/guidelines etc <https://www.gov.scot/coronavirus-covid-19/> has gotten a lot better and easier to read than it was in the early days of the level system, that and the accompanying PDF were a nightmare to read.

Every time the First Minister does a COVID update, the SNP live tweet the transcript:

- Here's the start of Tuesday's February 1, 2022 live tweet: <https://twitter.com/theSNP/status/1488517120392581120?s=20&t=S-PBiqO4RkPvYLzm9uGv9g> I often just skim their twitter feed if I'm checking within a couple hours of her update. To keep updated you will need to sign in to twitter. She also usually says when she expects the next revision of the advice/restrictions. Here, it looks like they expect to review in 3 weeks (unless of course there's a compelling reason to do so sooner)
- She does an update weekly, the videos can be found here: <https://scottishparliament.tv/archive?Keywords=COVID&DateFrom=01%2F01%2F2022&DateTo=03%2F02%2F2022&Page=2>
- The transcripts are here: <https://www.gov.scot/collections/first-ministers-speeches/>

Here's another link I like:

- <https://www.travellingtabby.com/> Has two sets of charts:
Scotland <https://www.travellingtabby.com/scotland-coronavirus-tracker/>
Uk wide <https://www.travellingtabby.com/uk-coronavirus-tracker/>

Now that we're out of the days of the daily COVID update, it really is a lot easier to stay on top of things.

I hope this helps!

Caroline

Scotland's link to order lateral Flow Device (LFD) is here: <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-get-a-test-if-you-do-not-have-symptoms>

Please take care and continue to do well. Wishing you peace and contentment.

UPCOMING EVENTS

February Coffee and Lorimer paintings exhibit

9 Feb 2022 10:00

Mimi's Bakehouse at City Art Centre

Keeping Connected on zoom

21 Feb 2022 19:00

Your Zoom Room

February Kahoot!

24 Feb 2022 19:30

Your Zoom Room

GLASGOW FOOD CLUB, February 2022

27 Feb 2022 13:00

La Lanterna restaurant,

ANYTHING GOES at Festival Theatre May 20, 2022 7:30

20 May 2022 19:30

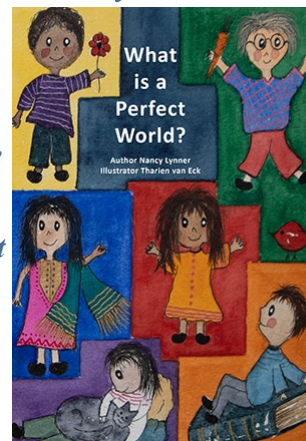
Festival Theatre, Edinburgh

Events report AWCCS February- March 2022

AWCCS January 2022 Event and Exhibit at Upright Gallery

by Nancy Lynner

Our public art exhibit at Upright Gallery from 16-21 January 2022 was a big success. The gallery was the perfect location for my book's original illustrations by Tharien van Eck. Many members stopped by throughout the week, as well as at the opening event on the first day. Members of the public also enjoyed the exhibit and we sold lots of archival prints of the illustrations. From the sales of that week, I have been able to donate £500.00 to the FAWCO Foundation Target 4- Health project for elimination of Female Genital Mutilation.



The event raised public awareness of:

- the existence of AWCCS in general ,*
- this philanthropic effort in particular,*



- *the world of this illustrated non-fiction children's book and its global issues*

There are prints, books, mugs, and cards available if you have interest. Just ask.

- *We will continue to hold zoom as well as In-Person meetings.*
- *We have had four Coffee Mornings since September, and by holding them on differing days of the week, more busy members with full schedules have a chance to attend. Jessica Stubbs, new member, attended in January and there were 10 of us to welcome her, all happy to be in the Balcony Café at National Museum of Scotland.*
- *The next coffee morning is Wednesday, February 9th, 10 Am. Reply using the website.*
- *There has been interest voiced in having an early evening drinks meet-up. If you would like to organize one of these, and are willing to be the Point Person for this, let me know and the two of us can set up an Announcement on our www.awccs.org website. I can create the announcement, and the replies can come to you. If I can learn to do this, you can too! Joyce was a great teacher to me.*
- *Our Mental Health zoom on Mindfulness was moved to Wednesday February 2, due to a power outage at our speaker's home. It was illuminating. Our speaker's motto is "Change your Mind, Change your Life."*
- *We started having a casual zoom called Keeping Connected, at the request of Glasgow-based member Andreea Luca. She was right, it was time to see each other on zoom. It is SO much better than not zooming at all. Keeping Connected is good mental health. Monday February 21st is the next one.*
- *Tuesday March 1st is a zoom to celebrate International Women's Day together. Prepare a paragraph to share about a Woman in your life – How about your Mother? Or Grandmother? Or someone who has been meaningful to you.*
- *Regarding travel, I will be out of the country from March 10- May 12th. I will set up any electronic announcements (like for KAHOOT!) ahead of time so that it won't be a problem if I am not able to be at my computer. Mary Jo can still receive the replies.*
- *The musical theatre group tickets to attend ANYTHING GOES! for May 20th is closed, as I have sold all the seats I reserved. If anyone else wants to attend, coming on May 20th will be a fun experience to share. Get your tickets from www.capitaltheatres.com*
- *As for the AWCCS Annual General Meeting...I have written to the US Consulate General Edinburgh and the status is that it may be possible! The club board will discuss the options. We will get back to everyone about this. Having our AGM at the US Consulate is a highlight of the year...it would be lovely to resume that tradition.*
- *In Summary, let me know if any of you want to plan a coffee morning or a drinks meet-up or even a new book group—I will use our website to help get the messages out.*
- *Nancy Lynner, AWCCS Events Convenor*

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AWCCS CLUB ANNOUNCEMENTS

AWCCS Board Notes

AWCCS Thanksgiving 2021

Thanksgiving was held on Sunday 28th November 2021 at the Braids Hill Hotel. Special Thanks to all who worked on putting this together including Nancy Lynner, Event Convenor and Katie Graham who ran the Charity Auction. We had 67 attendees, the band Okeefenokee Reunion played for our entertainment and we did hold a Silent auction. It was fairly low keyed as we followed all of the Covid restrictions at the time and most folks stayed at their table during the event. The feedback about the dinner confirmed that the food and service was good, and more importantly the pumpkin pie was a success!

The Quiz held at the dinner is reproduced at the end of the newsletter (along with the answers below). We thought it would be fun to try to answer them as it was quite hard.

2021-23 Charity:

- AWCCS members voted for the local Charity we will support for the next two years. We chose the **Kilbrandon Fund**. "The Kilbrandon Fund (SC033356) is administered in Edinburgh by a group of Childrens Panel members. It gives small grants, currently up to £300, to improve the lives of children and young people who are under the supervision of the local authority because of home and family circumstances and where no other resources are available to meet that need."
- **Funds Raised for Charity:**
 - At Thanksgiving the Silent Auction raised £521 which will be divided between our new Charity, Kilbrandon Fund, and The FAWCO Target Project.
 - The canned goods drive for Scottish Food Banks brought in over 100 items which were all delivered to the food bank source by Katie and Alistair Graham.
 - Also at Thanksgiving, six books (What is a Perfect World?) and two mugs were sold, with profits going to the FAWCO Target Project.
- **Thank you** to all who participated in giving to these charities in the name of AWCCS. We send most of our donations out at the end of the fiscal year which is in June.

Membership News:

This year we began collecting Membership dues again after postponing the renewals due to the hardships experienced because of COVID19 last year. We appreciate you renewing again as your invoice is sent to you on your renewal month. It is more important than ever that we keep in communication with each other to offer help and support.

Communication News:

This is the time of year Joyce likes to refresh the website and make changes. Please send any of the changes you would like to see to our contact page with the subject: Website changes. Also we welcome any and all who would like to work on the website, a great opportunity to learn an interesting content management system and looks super on your curriculum vitae.

Contact Us

Welcome New Members:

Lorri Scilini

Jessica Stubbs

Alana Victor



Happy Birthday

February 2022	March 2022
Carol Castleberry - February 2 Peggy Shuster - February 18	-Danielle Cunningham - March 9 Ruby Raheem - March 19 Alexandra Harrington - March 24



Glasgow Events

Glasgow Food Club

The lunch in Glasgow had a great turnout and we're looking forward to planning another in February. There were talks of a whisky and chocolate tasting with a walk to be planned when the days are longer.

Look for the Event Notice in your email. Hope to see you there.

Kahoot! with Mary Jo



on February 24, 2022

Starts at **7:30 PM**

[Play the online Question & Answer Game](#)

RSVP using the Event Email you have/will received

Watch for Kahoot future dates: March 24, April 28, May 19th

Edinburgh Events

Gillian Dalglish – Mindfulness Speaker, AWCCS Wed Feb 3, 2022

By Nancy Lynner, Dale Finlayson, Carole Dispenza-Henderson, Susanne Hathon

“Change your Mind, Change your Life”

Gillian Dalglish is a Clinical Hypnotherapist and Transformation Coach based in Edinburgh. She helps people with stress, anxiety, weight, phobias, smoking, excessive alcohol intake, depression, sleep, confidence issues. She can offer fast, effective, safe methods to sustainably reprogram those negative thoughts and behaviors and bring about peace and well-being.

Humans experience 70,000 thoughts every day! 96% of them are the same as yesterday. The quality of your thoughts impact what happens in your life.

A trigger activates Thoughts which activate Feelings, giving way to Words & Pictures giving way to Inner Talk, to our Beliefs, to our Behaviors, developing our Habits. A KEY is the Language we use to ourselves.

The mind learns through repetition.

She spoke about the reptilian part of our brain which controls Fight, Flight, Fear—the Amygdala. Also to the ???, which controls ...? She gestured in the area of the frontal lobe, but I don't think she said that. The parietal lobes are behind it, which control movement, but it wasn't that.

Most of us live on auto pilot instead of mindfulness. You need to be aware of what is going on. The two pillars of mindfulness are 1.) Breathing & 2.) Meditation.

One of her personal techniques when triggered with a bad feeling or a concern is this:

The STOP method:

She imagines she is lying on the bank of a fast-moving river, watching it.

- S = Stop what you are doing
- T = Take a Breath – this will help you calm down
- O = Observe your emotions, thoughts & feelings. Name it. See it. Detach yourself from it with no judgement
- P = Proceed with a different task, do something different, go for a walk, call a friend.

The subconscious does not respond effectively to the language “DON'T”, “CAN'T”, “NOT” or “NO”.

The subconscious is a faithful, loyal servant which can turn the negative behaviours into positives. Where your focus goes, you go.

Telling yourself in positive language is the effective model. For example, tell yourself “I am calm.” Or if you're not ready to say that, say “I am able to be calm” or “I am in the process of becoming calm”

If you use the word “TRY” or “TRYING” as in “I am trying to do something” this implies doubt and your subconscious will pick up on that and will only semi-focus on what it is doing.

For one quiet minute Gillian had us each take full breaths (an inhale and an exhale = 1 full breath) and to count how many we took. Everyone breaths at a different rate so all answers are right. We each told how many we took. Now that we each know how many breaths we take in 1 minute, we can do that anytime we wish to have 1 minute of Mindfulness. That is our typical breathing for 1 minute.

She took us through “Brain Breathing”, which included imagining breath coming in and out of our head, in 4 different locations for 5 breaths. The locations were: the top of your skull, the temple area, upper lip below your nose, the back of your head where the skull joins the cervical column. What was the 5th? there were only 4 at 5 breaths each. We learned about Meditation of the 5 senses.

There are other sources on methods in Mindfulness Walking Meditations. One is to focus on more than 1 sense while you are walking. For example, sight: look for 5 different colours; then add another colour, and another. You can do this for the other senses on future walks.

She has related articles and advice in the blogs on her website at www.gilliandalgliesth.com

Please join us in the other Mindfulness zoom events to be announced. Look for the Events Email to respond.

Edinburgh Book Group

We were back on Zoom last month, as the Omicron virus led to new restrictions. Most of them are now lifted and we shall be meeting in a member’s home this month. Hopefully, we’ll be able to continue doing so in the coming months. Wonderful discussion of “His Bloody Sunday” last month – a book I recommend to any AWCCS member who enjoys reading.

Future selections:

18 February – “Hamnet” by Maggie O’Farrell

18 March – “The Children Act” by Ian McEwan



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FAWCO NEWS

FAWCO Target Program Ends

Dear Friends,



March 2022 was a long time away when I took over as Target Chair in mid-2019! But here we are, with a few weeks to go until finishing Target Program 4.0. Who would have thought that COVID-19 would cause so much disruption in our lives? Adapting to the pandemic was necessary, not just for the Target Team, but also for the FAWCO Clubs and Members, in raising funds and creating awareness about S.A.F.E., the 2020–2022 Target Project.

The support from you has been incredible, and I would like to acknowledge you in a special virtual event that we are busy planning. The title of the event will be:

FAWCO Bids Farewell to TP4.

The Target Project S.A.F.E. is coming to an end but the fight to eliminate FGM continues!

We invite you to join us looking back on the Target Project and to recognize the contributions of you as speakers and supporters of the FAWCO community. It will be a time of reflection for all involved as we acknowledge what we have learned and achieved, and how Hope for Girls and Women Tanzania has benefited. We also want to start the discussion about how we as individuals can continue to support the global elimination of FGM. The event is scheduled to take place on **February 17 at 7pm CET. To join the meeting, please register [here](#).**

I hope that you will be able to join this meeting. The format of the event will be a short overview of the project and the outcomes, acknowledging the support received from all, followed by a discussion.

I am looking forward to hearing from you.

Tharien van Eck, AWC Antwerp
Target Program Chair 2019-2022

Contact [Caroline Graves](#)

U.S. NEWS

Register to vote now!



Many US states passed new laws in 2021 that make it harder for Americans to exercise their Constitutional right to vote in 2022. If you plan to vote in the 2022 federal elections, it's more important than before that you should register now.

When a voter registers can determine whether they get to vote at all, and margins of victory can remain slim enough that small numbers can turn the scale. For example, tens of thousands of last-minute registrations in the 2018 state elections in Georgia could not be processed, it was claimed, owing to lack of time. The Georgia Secretary of State who ran those elections is now that state's governor, winning by a smaller margin than the number of unprocessed registrations.

In all but 13 states, children of American citizens who may never have lived in the US are eligible to vote.

What you can do

There are three things you can do to exercise your right to vote and to help other Americans do so.

1. Register to vote/request a ballot now through the [US Vote Foundation](#) or the Federal Voting Assistance Program (FVAP).
2. Spread the word to other Americans in any way you can.
3. Urge the [US Senate](#) to pass new laws to protect voting rights. Urge your Senators to support bills to secure all Americans' right to vote. [Click here to find out how.](#)

Legislation passed by some states to limit access to the ability to vote is also a threat to overseas Americans and military voters. Below is a recent article by American Citizen Abroad (ACA) that illustrates the threat.



AMERICAN CITIZENS ABROAD
EDUCATE, ADVOCATE AND INFORM

[Supreme Court upholds ACA position on Voting Rights](#)

In a landmark 7-2 ruling (Arizona vs. Inter Tribal Council of Arizona) upholding the primacy of the National Voter Registration Act (the so-called "Motor Voter" Law) over a local state law requiring would-be voters to provide additional proof of citizenship, the Supreme Court reaffirmed the importance of unhindered access to voting for eligible voters. Application of the local Arizona law in question would have posed an unreasonably high burden upon military and overseas citizens attempting to vote.

ACA has long advocated the right of overseas and military voters to facilitated and expeditious access to voter registration and forecasting, with a minimal bureaucratic and administrative burden placed on the overseas voters. Having joined in an amicus curiae brief in favor of invalidation of the Arizona law, ACA applauded the Supreme Court's decision and stands ready to assist and promote the work of all civil rights advocates in maintaining untrammelled access to voting rights, wherever the voter may live.

Our initial elation at the news of the Court's decision was tempered with the realization that what the Supreme Court has given with one hand it appears to have largely taken away with the other. The High Court has left the door open to additional limitations being set by states on who will be entitled to vote in future state and federal elections.

While invalidating the state law under the doctrine of presumptive preemption of state law which conflicts with federal law on a specific point, Justice Scalia nevertheless asserted that states could ask the federal government for permission to establish specific requirements to be met in order for an individual to be accorded the right to vote.

Indeed, the list of federal laws concerning voter rights which could potentially be undermined by state-mandated limitations on voter rights includes the Overseas Citizens Absentee Voting Act (“UOCAVA”), which is a linchpin of overseas citizen voter rights.

While the ruling provided short-term guidance as to the division of powers regarding election administration, it left open a path for fundamental change in election law to be wrought by States intent on shaping the nature of the electorate in State and federal elections. It can be anticipated that states will move to take advantage of Justice Scalia’s encouraging opinion; Arizona could notably argue that it has a constitutional right to insist on proof of citizenship for all voters as a precondition to voting.

Observers have pointed to the apparently irreconcilable strands of this decision as an elevation of form over substance. Query what would have happened had Arizona preemptively sought judicial approval for its implementation of a proof of citizenship requirement. Justice Scalia appears to argue that what Arizona could not obtain through adversarial litigation centered on a law it had enacted, it may obtain by securing judicial benediction on a planned modification in its election law.

ACA will continue to monitor the situation closely as important changes in voting laws, particularly those pertaining to overseas voters, will be actively debated in the courts and by election law specialists.

This Supreme Court decision was reached in 2013, before Trump’s appointments to the Court. In the future, a quite different decision might be reached.

Thanks to Dale Finlay for this update



Did you know that you can now set up an IRS account online?

Until the end of last year, Americans living outside the US were blocked from accessing and setting up an online account on the IRS website. Many people have successfully set up an online account, although others have reported that they struggled to do so.

If you want to set up an online IRS account, here are some resources that you can use:

- [CNET It's tax season](#): Here's how to set up an online IRS account This article explains the steps and documents required to set up your online account. You don't need to set up an online account, but it helps with having visibility of what the IRS has on file for you. It's especially useful for viewing when your economic stimulus payments and child tax credit payments have been sent.
- [ID.me](#): What if I don't live in the United States? You shouldn't need a US address or a US phone number to sign up for an online account; you should be able to use your UK address and UK phone number if that's all you have. If you have any problems setting up your account, read this article and hopefully it'll point you in the right direction to get your account set up.

On Thursday, February 10th at 6pm Democrats Abroad will hold a free [Expats Virtual Financial Summit](#) including a talk on "Why US Taxes Aren't A Barrier To Voting in US Elections". RSVP to attend this event and all of the sessions at the online summit by clicking here.

Thanks to Dale Finlay for this update

Covid 19 News

Scotland Covid19 Links

Introduction to NHS inform.scot

"Test and Protect is Scotland's way of putting into practice the test, trace, isolate, support strategy.

It will prevent the spread of coronavirus in the community by:

- identifying cases of coronavirus through testing
- tracing the people who may have become infected by spending time in close contact with them
- supporting those close contacts to self-isolate, so that if they have the virus they are less likely transmit it to others

Breaking the chains of transmission in the community will stop the virus spreading. This will allow us to gradually change the restrictions that help to suppress the virus."

Testing

"There are test centres across Scotland for people with and without symptoms. You can also get tests to do at home.

You can get a test for:

- yourself
- someone you care for
- a child in your care"

[Get a test if you have symptoms](#)

[Get a test if you do not have symptoms](#)

MEMBER CONTRIBUTIONS

Traveling with Mary Jo in Scotland--UPDATE November 2021

by Mary Jo Bone-Caselton

Travel and places to visit.

We travelled to Bristol this past weekend. Our travels took us to find part of the 'Banksy Street Art' (<https://visitbristol.co.uk/things-to-do/banksy-walking-tour-p1354013>). We discovered many colorful murals as we walked - some Banksy and some not. Good fun.



We also toured I.K. Brunel's ss Great Britain.

Britain's first iron sided steam ship (https://www.ssgreatbritain.org/?gclid=EAlalQobChMIusPBs-Xf9QIVROrtCh13jQPdEAAYASAAEgKt4fD_BwE). Well worth the visit. The ship was built in 1843 and eventually returned to Bristol in 1970. Some life.



AWCCS BOARD AND GROUPS

AWCCS Board 2021-2022

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Special Interest Group Coordinators

Although we will not be meeting in person, some of these groups may be meeting online. Contact us if you would like to participate.

Edinburgh: Dale Finlayson for Morning Book Group, Coffee Plus Edinburgh and Voting Coordinator

Glasgow: Books Beverages and Banter hosted by various individuals.

Fife: Pat Peters for Fife Dinner Club

Join us as a Board Member or work on a Team

Katie Graham

Events Convenor

Nancy Lynner

FAWCO Representative

Caroline Graves

Glasgow Representatives

Mary Jo Bone Caselton/Shanon Lei

Parliamentarian

Dale Finlayson

To Contact any of the Board Members, please use our [Contact Us](#) page and just put the Title of the person you wish to contact in the Subject area of the Email: i.e. "AWCCS President"

Interested in joining us as a board member? We would love to hear from you. We are meeting online at the present, but still very active in the club. We have the following openings:

Communications Convenor is looking for members who would like to help as a team in the following areas: Newsletter writing on line, Advertising/PR and working on the website. Expertise is helpful, but training is available if you want to learn a system. Please notify Joyce of your interest.

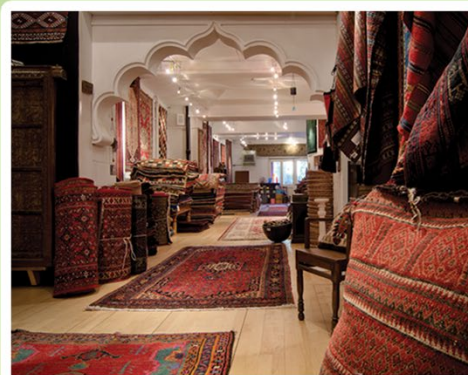
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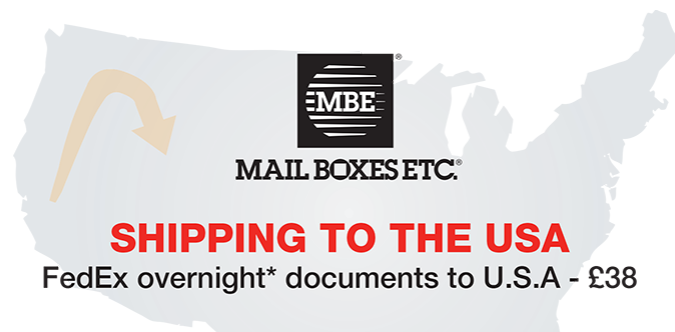
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About Olivia McLaren: A U.S. qualified attorney admitted to the bar of the State of New York, who worked in U.S. immigration and nationality law in New York City for a decade before opening Olivia McLaren, Ltd. in Edinburgh in 2014. Listed in *Who's Who in Corporate Immigration* (2015-2016). Co-columnist for the *New York Law Journal* bimonthly immigration law column between 2012 and 2014. Also selected as a Rising Star by Super Lawyers in NY Metro in 2013 and 2014, as published in *NY Times Magazine*. Graduated with a J.D. and LL.M. in International & Comparative Law from Duke University in 2004.

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Going Home Soon?

FAUSA

Are you returning to the US any time soon? Whether you are being dragged back kicking and screaming or if you can hardly wait to return home, you will probably find that as a “repat” you and your family members are different sorts of Americans from those who stayed behind. This can be a jolt, but there is help out there for you. Membership in the FAWCO Alumnae, USA, better known as FAUSA keeps you in touch with others who understand the life changing experience of living in other cultures.

Besides the pure psychological support of being a part of this network, there are other benefits, too. The Quarterly magazine carries articles of interest to “repats,” and you may apply for the FAUSA Education Award for yourself or a child. In addition, FAUSA members may attend the FAWCO conferences overseas and the FAUSA Annual Meeting, which is in a different part of the US every fall. Learn all about FAUSA, contact someone in your region, and download an application at www.fausa.org. We would love to hear from you.
Jane Indreland President, FAUSA

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A Wee Quiz for Thanksgiving

- 1) The Liberty Bell may or may not have been rung in 1776, but it was actually made for a colonial Assembly in 1751. For which Assembly and for what reason?
- 2) in what year did the Liberty Bell finally crack up while ringing, never to be rung again?
1789 1812 1846

- 3) In what state is America's largest national park located? Can you name the park?
- 4) What is America's oldest national park? Do you know the year – and who was President?
- 5) Across America, thirty-one US counties are named after the same American President. Which one?
- 6) Which American Colony provided the most signers of the Declaration of Independence?
- 7) John Adams and Thomas Jefferson were the only signatories of the Declaration of Independence to become president. They both died on the 4th of July 1826. One other president, not a signatory, also died on the 4th of July, in 1831. Can you name him? Can you name the president who was born on the 4th of July 1872.
- 8) Two signers of the Declaration of Independence were born in Scotland, one at Yester in East Lothian, the other near Leven in Fife. Can you name them?
- 9) Two basketball teams are currently tied for having won the most National Basketball Association championships – which are they?
- 10) Kathryn Hepburn was nominated twelve times for the Best Actress Academy Award. She was successful four times. How many of her winning films can you name?
- 11) Which famous US novel based its title on a poem by Robert Burns?
What was the title of the poem?
 - One Flew Over the Cuckoo's Nest by Ken Kesey
 - Catch 22 by Joseph Heller
 - Catcher in the Rye by J.D. Salinger
 - The Grapes of Wrath by John Steinbeck
- 12) Harvard is America's oldest higher education institution, but which is America's second oldest?
- 13) There are four US mints, one each in Philadelphia, San Francisco, and Denver. Where's the fourth?
- 14) The highest mountain in the US is located in which state and what is it called?
What is its Native American name?
- 15) The first permanent British settlement in America was named after a Scot. Who was he and what was the name of the settlement?
- 16) Two US presidents have survived assassination attempts. One was Ronald Reagan, but who was the other?
How many presidents were actually assassinated? Can you name those other than Lincoln & Kennedy?
(2 points + 1 bonus point)
- 17) The Reel of the 51st Division is one of the most popular Scottish country dances of all time. When was it written, by whom, and where? What is the key formation in the dance?

Answers below

- 1) The Pennsylvania Assembly had the Liberty Bell made in 1751 to mark the 50-year anniversary of William Penn's 1701 Charter of Privileges, which served as Pennsylvania's original Constitution.
- 2) In February 1846, when it was rung on President's Day, then celebrated on Washington's birthday.
- 3) The largest park in America is Wrangell-St. Elias National Park and Preserve, Alaska. According to the NPS, the park spans 13.2 million acres, an area bigger than Switzerland. It also covers three climate zones.
- 4) The oldest national park is Yellowstone, Wyoming, which was founded in 1872. Grant was president.
- 5) George Washington
- 6) Pennsylvania – 9 signatories
- 7) James Monroe died on the 4th of July, in 1831. Calvin Coolidge was born on the 4th of July 1872.
- 8) John Witherspoon was born at Yester in East Lothian. He was also the only clergyman and the only college president (of Princeton, then the College of NJ) to sign.
James Wilson was born near Leven in Fife. He was instrumental in the writing of the US Constitution (he proposed the establishment of the Electoral College) and was appointed by Washington as one of the original six justices of the Supreme Court. His financial ruin and imprisonment in debtor's prison in later years may have led to his significance being overlooked after his death.
- 9) Los Angeles Lakers and Boston Celtics – 17 championships each
- 10) Morning Glory, Guess Who's Coming to Dinner, The Lion in Winter, and On Golden Pond.
- 11) Catcher in the Rye – Burns's poem was Comin' thro' the rye
- 12) The College of William and Mary, founded 1693. Harvard was founded in 1636.
- 13) West Point, NY
- 14) Mount McKinley (20,310 ft above sea level) is the highest mountain the US, located in Alaska. It is now usually known as Denali, its Native American name.
- 15) Jamestown, VA, founded in 1607, was named after King James VI & I
- 16) Theodore Roosevelt survived an assassination attempt in 1912 in Milwaukee, WI
In addition to Lincoln (1865) and Kennedy (1963), two other presidents were actually assassinated: Garfield in 1881 and McKinley in 1901.
- 17) The Reel of the 51st Highland Division was written in 1940 by members of the 51st Highland Division who were in a German POW camp following the retreat from Dunkirk. The key formation in the dance is a St Andrew's Cross, symbolizing Scotland and the 51st Highland Division.

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Thanks so much for all our contributors to the Newsletter: Nancy Lynner, Lindsay Nygren, Dale Finlayson, Mary Jo Bone-Caselton, Suzanne Hathon, Caroline Graves, Katie Graham and Joyce Halsan. If you wish to contribute to our next Newsletter, please send your article to Joyce Halsan.

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